



## SOLAR ECLIPSE

On April 8, 2024, a total solar eclipse moved across North America, passing over Mexico, the United States and Canada. A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun.

Participants at WMU Senior Day Services engaged in a hands-on activity constructing extended coverage eclipse glasses to provide extra protection for safely viewing a solar eclipse. Beautiful weather and our outdoor space made this activity a crowd favorite.



## BACKYARD UPDATE

Naylor Landscape Management is scheduled to continue the backyard work in June. During the second phase, Naylor will be adding plants, a water feature and furniture such as benches, tables, chairs and even a swing.



Senior Day Services provides a wide variety of experiential learning experiences for many academic departments within the university.

## EXPERIENTIAL LEARNING TESTIMONIAL

“Working at the Adult Wellness Center has been an incredibly rewarding experience, allowing me to develop and refine my skills in patient interaction, empathy, and holistic care. Engaging with adults of diverse backgrounds has enhanced my ability to communicate effectively and understand individual needs, which is essential in speech-language pathology. This hands-on experience has also given me insight into the challenges faced by adults with speech and language disorders, preparing me to create personalized and effective therapy plans in my future career as a speech-language pathologist.”

- Jacklyn Masch, Speech-Language Pathology Graduate Student

## MAY IS MENTAL HEALTH AWARENESS MONTH

As Mental Health Awareness Month, May is a time to raise awareness of and reduce the stigma surrounding behavioral health issues, as well as highlighting the ways how mental illness and addiction can affect all of us – patients, providers, families and our society at large.



Did you know that 55% of seniors take their medication incorrectly. Here are the most common medication errors among seniors.

1. Overdosing
2. Confusion
3. Drug interactions
4. Interactions with food
5. Administration

